An informational guide to the many resources providing aid to seniors in the northwest suburban area.
About This Guide

The Northwest Suburban Housing Collaborative (NWSHC) was created in 2011 to help the Villages of Arlington Heights, Buffalo Grove, Mount Prospect, and Palatine and the City of Rolling Meadows develop regional solutions to address the short and long-term housing needs of the participating communities.

The NWSHC received a technical assistance grant from the Chicago Metropolitan Agency for Planning with support from the Metropolitan Mayors Caucus to conduct a *Homes for a Changing Region* analysis which provides projections concerning future housing needs in the 5-community area. Following up on the results of the *Homes for a Changing Region* report, the NWSHC decided to prioritize the housing needs of senior citizens and contracted for an in-depth senior housing needs assessment for the Collaborative area.

In the *Senior Housing Needs Assessment* (November 2013) it was concluded that many seniors are unaware of resources available to them, particularly with respect to transportation and housing. This *Senior Resource Guide* was created to compile information about senior transportation and housing options available in the 5-community area. The *Senior Resource Guide* also includes a listing of referral agencies for senior services.

Since many services are split by municipality as well as by Township, the following information has been organized to clarify which transportation, housing, or service is eligible within your region.

Unsure which Township you live?

<table>
<thead>
<tr>
<th>City / Village</th>
<th>Township(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arlington Heights</td>
<td>Elk Grove / Wheeling / Palatine</td>
</tr>
<tr>
<td>Buffalo Grove</td>
<td>Vernon / Wheeling</td>
</tr>
<tr>
<td>Mount Prospect</td>
<td>Elk Grove / Wheeling</td>
</tr>
<tr>
<td>Rolling Meadows</td>
<td>Elk Grove / Palatine / Schaumburg / Wheeling</td>
</tr>
<tr>
<td>Palatine</td>
<td>Palatine</td>
</tr>
</tbody>
</table>
Transportation:

The Northwest Suburbs generously offer dozens of transportation options that offer various services to senior citizens.

Elk Grove Township -------------- Page 6
Palatine Township -------------- Page 7
Schaumburg Township -------------- Page 8
Vernon Township -------------- Page 9
Wheeling Township -------------- Page 10
Village of Arlington Heights -------------- Page 11
City Of Rolling Meadows -------------- Page 12
Additional Regional Transportation -------------- Page 13-14
## Elk Grove Township Transportation Services

<table>
<thead>
<tr>
<th>Name of Transportation Service</th>
<th>Service Hours</th>
<th>Eligibility</th>
<th>Fares</th>
<th>Advanced Reservations</th>
<th>Additional Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Dial-A-Ride”</td>
<td><strong>Monday – Friday</strong> 9:00 am – 4:00 pm</td>
<td>Elk Grove Township resident. Must be at least 55 years old.</td>
<td>No fee; donations only.</td>
<td>Reservations by 3:00 pm, 1 day in advance.</td>
<td>Call at 9:15 am the day of reservation to find out your pick-up time.</td>
<td>847-437-0300</td>
</tr>
</tbody>
</table>
| “Senior & Disability Transport Services” Provided by “303 Taxi” | 24 hours / 7 days a week. Please call “303 Taxi” in advance to confirm availability. | Must be registered Elk Grove Township resident seniors 55+ years old & disabled adults 18+ years old – medical appointments within Cook County only. | Discounted cab service - $5.00 off voucher. | Reservations are recommended for the 303 Taxi because of availability. | Call for Elk Grove Township for an application and vouchers. 10 vouchers allowed per month. | Elk Grove Township: 847-437-0300  
“303 Taxi”: 847-303-0303 |
| “TRIP: Township Riders Initiative Program” | **Monday – Friday** 7/8 am – 7/8 pm  
**Saturday** 8:00 am – 3/4 pm  
Please contact your Township to register. | For medical appointments only – Specifically for Senior citizens (age 60 +) and Disabled citizens (age 18 +). If you are a non-Elk Grove Township resident please inquire to see if you are eligible. | $5.00 per Township boarder crossed – Max. $10.00 fare. | Please call at least 3 days in advance (after initial registration). | Door-to-Door Service.  
Covers Elk Grove, Hanover, Palatine, Schaumburg, & Wheeling Townships. | 847-437-0300 |
| “Pace: North Cook County ADA Paratransit” | **Monday – Friday** 5:00 am – 1:30 am  
**Saturday** 7:00 am – 1:30 am  
**Sunday & Holidays** 8:30 am – 12:30 am | Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357. | $3.00 per one-way trip. | Reservations are accepted 24 hours in advance | Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace’s regular fixed routes. | Regular Number: 800-554-7599  
TTY Number: 855-830-8108 |
<table>
<thead>
<tr>
<th>Name of Transportation Service</th>
<th>Service Hours</th>
<th>Eligibility</th>
<th>Fares</th>
<th>Advanced Reservations</th>
<th>Additional Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Pace: North Cook County ADA Paratransit”</td>
<td><strong>Monday – Friday</strong> 5:00 am – 1:30 am <strong>Saturday</strong> 7:00 am – 1:30 am <strong>Sunday &amp; Holidays</strong> 8:30 am – 12:30 am</td>
<td>Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357</td>
<td>$3.00 per one-way trip.</td>
<td>Reservations are accepted 24 hours in advance.</td>
<td>Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace’s regular fixed routes.</td>
<td><strong>Regular Number:</strong> 800-554-7599  <strong>TTY Number:</strong> 855-830-8108</td>
</tr>
<tr>
<td>“Palatine Township Transportation Services”</td>
<td><strong>Monday – Friday</strong> 8:00 am – 4:00 pm (Closed weekends/holidays)</td>
<td>For Senior citizens (age 60 +) and / or handicapped. For Palatine Township residents.</td>
<td>$2.50 per one-way trip.</td>
<td>Reservations should be made 3-14 working days in advance.</td>
<td>Must be pre-registered. Bring documentation of age/disability (SS award letter) Driver’s license/State I.D., proof of residency, &amp; emergency contact info.</td>
<td>847-358-6907</td>
</tr>
<tr>
<td>“Subsidized Taxi Service”</td>
<td><strong>Monday – Friday</strong> 8:00 am – 4:00 pm (Closed weekends/holidays)</td>
<td>Palatine Township residents. Palatine and surrounding areas as long as the ride originates/ends in Palatine Township.</td>
<td>Township subsidy of $4.00 off the metered fare.</td>
<td>Reservations should be made 24 hours in advance.</td>
<td>Must be pre-registered. Bring documentation of age/disability (SS award letter) Driver’s license/State I.D., proof of residency, &amp; emergency contact info.</td>
<td><strong>303 Cab:</strong> 847-364-0303  <strong>American Taxi:</strong> 847-253-4411</td>
</tr>
<tr>
<td>“Township Riders Initiative Program”</td>
<td><strong>Monday – Friday</strong> 5:00 am – 9:00 pm</td>
<td>For senior citizens (age 60 +) and at least 18 + years to qualify for a “Disabled” registration. For all residents of Palatine Township.</td>
<td>$5.00 each way, for every township border crossed, to a maximum of $10.00 per one-way trip.</td>
<td>Reservations should be made 3-14 working days in advance.</td>
<td>Forms and helpful assistance are available at the Palatine Township Center 721 S. Quentin Road, Suite 101, Palatine, IL.</td>
<td>847-358-6907</td>
</tr>
<tr>
<td>Name of Transportation Service</td>
<td>Service Hours</td>
<td>Eligibility</td>
<td>Fares</td>
<td>Advanced Reservations</td>
<td>Additional Information</td>
<td>Phone Number</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>---------------</td>
<td>-------------</td>
<td>-------</td>
<td>-----------------------</td>
<td>------------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>Schaumburg Township Transportation Department</td>
<td><strong>Monday – Friday</strong> 8:30 am – 4:00 pm</td>
<td>Schaumburg Township residents who are Seniors (age 60 and over) and Permanently Disabled Persons (age 18 and over) Community.</td>
<td>$1.00 per one-way ride. $2.00 for round-trip $15.00 for bus pass (18 one-way rides, savings of $3.00)</td>
<td>Must register with the Transportation Department prior to service. Reservations are required for all transportation service no less than 72 hours in advance before 3:00 pm Mon. – Fri.</td>
<td>Door-to-door transportation for various transportation needs, including: medical and dental, shopping, and social outings. Service is typically provided within township boundaries or within 5 miles beyond for medical purposes only.</td>
<td>847-882-1929</td>
</tr>
<tr>
<td>Pace: “TRIP Township Riders Initiative Program”</td>
<td><strong>Monday – Friday</strong> 5:00 am – 9:00 pm and <strong>Saturday</strong> 7:00 am – 4:00 pm</td>
<td>Registered residents of Schaumburg Township at least 60 years of age for “Senior Citizens” registration and at least 18 years of age for “Disabled” registration.</td>
<td>$5.00 each way, for every township border crossed, to a maximum of $10.00 per trip.</td>
<td>Must pre-register by completing a TRIP form before service is provided. Reservations should be made 3 – 14 days in advance. Call the township for registration form and to make reservations.</td>
<td>Senior or disabled transportation for eligible residents of Elk Grove, Hanover, Palatine, Schaumburg and Wheeling Townships that takes riders across township lines to go to medical appointments. Also goes to Stroger Cook County Hospital, Hines Veterans Hospital and the Veterans Health Administration – Elgin Clinic. A caregiver or service animal can accompany the eligible rider.</td>
<td>847-882-1929</td>
</tr>
<tr>
<td>Name of Transportation Service</td>
<td>Service Hours</td>
<td>Eligibility</td>
<td>Fares</td>
<td>Advanced Reservations</td>
<td>Additional Information</td>
<td>Phone Number</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>---------------</td>
<td>-------------</td>
<td>-------</td>
<td>-----------------------</td>
<td>------------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>“Dial-A-Ride”</td>
<td><strong>Monday – Friday</strong>&lt;br&gt;8:30 am – 4:00 pm</td>
<td>General Public</td>
<td>Adults: $2.00, Seniors (65+): $1.00, Disabled: $1.00, Students: $1.00, Children (under 7): Free</td>
<td>Call 24 hours in advance.</td>
<td>Service is available up to one mile beyond Township borders for select trips.</td>
<td>847-634-4600</td>
</tr>
<tr>
<td>“Pace: Southeast Lake County ADA Paratransit”</td>
<td><strong>Monday – Friday</strong>&lt;br&gt;6:00 am – 10:00 pm&lt;br&gt;<strong>Saturday</strong>&lt;br&gt;7:00 am – 7:30 pm</td>
<td>Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357</td>
<td>$3.00 per one-way trip.</td>
<td>Reservations are accepted 24 hours in advance.</td>
<td>Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace’s regular fixed routes.</td>
<td>Regular Number: 800-554-7599&lt;br&gt;TTY Number: 855-830-8108</td>
</tr>
<tr>
<td>“Pace: North &amp; Central Lake County ADA Paratransit”</td>
<td><strong>Monday – Friday</strong>&lt;br&gt;6:00 am – 11:00 pm&lt;br&gt;<strong>Saturday</strong>&lt;br&gt;8:00 am – 11:00 pm&lt;br&gt;<strong>Sunday</strong>&lt;br&gt;10:00 am – 8:00 pm</td>
<td>Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357</td>
<td>$3.00 per one-way trip.</td>
<td>Reservations are accepted 24 hours in advance.</td>
<td>Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace’s regular fixed routes.</td>
<td>Regular Number: 800-201-6446&lt;br&gt;TTY Number: 877-218-0905</td>
</tr>
<tr>
<td>Name of Transportation Service</td>
<td>Service Hours</td>
<td>Eligibility</td>
<td>Fares</td>
<td>Advanced Reservations</td>
<td>Additional Information</td>
<td>Phone Number</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>---------------</td>
<td>-------------</td>
<td>-------</td>
<td>-----------------------</td>
<td>------------------------</td>
<td>--------------</td>
</tr>
</tbody>
</table>
| “Pace: North Cook County ADA Paratransit” | Monday – Friday 5:00 am – 1:30 am **Saturday** 7:00 am – 1:30 am **Sunday & Holidays** 8:30 am – 12:30 am | Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357 | $3.00 per one-way trip. | Reservations are accepted 24 hours in advance. | Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace’s regular fixed routes. | **Regular Number:** 800-554-7599  
**TTY Number:** 855-830-8108 |
<p>| “Dial-A-Ride” | Monday – Friday 9:00 am – 3:30 pm | Must be a Senior citizen (at least 60+) or permanently disabled citizen (at least 18+) Wheeling Township residents only. | $2.00 donation per ride requested. | Reservations are required &amp; must be made 2 business days in advance. | Buses operate within Wheeling Township only, following a preset schedule. | 847-259-7743 |
| “Medical Van” (Non-emergency only) | Phone lines open <strong>Monday – Friday</strong> 9:00 am – 4:00 pm Please schedule appointments <strong>Monday – Friday</strong> no earlier than 9:30 am and no later than 2:00 pm | Must be Wheeling Township resident. Must be a senior citizen (at least 60+) or permanently disabled citizen (at least 18+). | $2.00 fee each way within township. $8.00 fee each way outside township. | Reservations minimum 10 days and maximum 30 days in advance. | Goes to multiple hospitals and health centers in the township, with some exceptions outside township boundaries. | 847-259-7743 |
| “TRIP: Township Riders Initiative Program” | Monday – Friday 5:00 am – 1:30 am <strong>Saturday</strong> 7:00 am – 1:30 am <strong>Sunday &amp; Holidays</strong> 8:30 am – 12:30 am | Must be a senior citizen (at least 60+) or permanently disabled citizen (at least 18+). | $5.00 each way, for every township border crossed, to a maximum of $10.00 per trip. | Reservations are accepted 24 hours in advance. | This is a fixed route service serving portions of Elk Grove, Maine, Niles, Palatine, Schaumburg, and Wheeling. Call to inquire about additional service options. | 847-259-7743 |</p>
<table>
<thead>
<tr>
<th>Name of Transportation Service</th>
<th>Service Hours</th>
<th>Eligibility</th>
<th>Fares</th>
<th>Advanced Reservations</th>
<th>Additional Information</th>
<th>Phone Number</th>
</tr>
</thead>
</table>
| “Subsidized Transportation Service For Seniors” | No specific service hours; Drivers are on-call. | Primarily depends on annual income: less than $23,000 for a household of 1 person and $29,000 for a household of 2 persons. This service is for seniors (Age 65+) but is not wheelchair accessible. Arlington Heights residents only. | $3.00 per one-way ride subsidy. | Recommended to call 24 hours in advance. | Must provide eligibility proof examples, to register at Arlington Heights Senior Center. Limit of 20 rides per month. | Registration Number: 847-253-5532  
TTY Number: 847-797-5310  
Ride Numbers:  
303 Taxi 847-303-0303  
American Taxi 847-673-1000 |
<p>| “Pace’s Arlington Heights – Rolling Meadows Call-n-Ride” | Monday – Friday 6:10 am – 6:30 pm | General Public | $1.75 per one-way trip. Exact fare is required. Military personnel &amp; children under 7 ride for free. | At least one hour advanced reservation required. | Serves portions of Arlington Heights &amp; Rolling Meadows. | 224-803-9277 |</p>
<table>
<thead>
<tr>
<th>Name of Transportation Service</th>
<th>Service Hours</th>
<th>Eligibility</th>
<th>Fares</th>
<th>Advanced Reservations</th>
<th>Additional Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Pace’s Arlington Heights – Rolling Meadows Call-n-Ride”</td>
<td>Monday – Friday 6:10 am – 6:15 pm</td>
<td>General Public</td>
<td>$1.75 per one-way trip. Exact fare is required. Military personnel &amp; children under 7 ride for free.</td>
<td>At least one hour advanced reservation required.</td>
<td>Serves portions of Arlington Heights &amp; Rolling Meadows.</td>
<td>224-803-9277</td>
</tr>
</tbody>
</table>
## Additional Regional Transportation Services

<table>
<thead>
<tr>
<th>Name of Transportation Service</th>
<th>Service Hours</th>
<th>Eligibility</th>
<th>Fares</th>
<th>Advanced Reservations</th>
<th>Additional Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alexian Brothers Spirit Van</td>
<td><strong>Monday – Friday</strong> 7:30 am – 4:00 pm</td>
<td>For hospital procedures only – no Doctor visits. Service primarily for senior citizens.</td>
<td>Suggested donation of $4.00 each way.</td>
<td>Call 5 days in advance.</td>
<td><strong>Boundaries:</strong> East – Elmhurst Rd.; West – Springingsuth Rd; North – Kirchoff Rd; South – Army Trail Rd.</td>
<td>847-228-6394</td>
</tr>
<tr>
<td>American Cancer Society Hospital Transportation</td>
<td><strong>Monday – Friday</strong> 9:00 am – 5:00 pm</td>
<td>Ambulatory patients to and from cancer treatments.</td>
<td>No fares.</td>
<td>Please call 24 hours in advance.</td>
<td><strong>Boundaries:</strong> Variable To and from cancer treatments.</td>
<td>847-368-1166</td>
</tr>
<tr>
<td>Escorted Transportation Service (Northwest)</td>
<td><strong>Monday – Saturday</strong> 8:00 am – 8:00 pm</td>
<td>Senior citizens for any dental or medical appointment.</td>
<td>Suggested $12.00 donation each trip.</td>
<td>One week notice is preferred.</td>
<td><strong>Boundaries:</strong> 160 sq. miles; North – Lake Cook Rd; West – Barrington Rd; South – Biesterfield Rd; East – Greenwood Ave. Driver stays with passenger.</td>
<td>847-222-9227</td>
</tr>
<tr>
<td>Holy Family Medical Center Care-A-Van</td>
<td><strong>Monday – Friday</strong> 7:00 am – 4:00 pm</td>
<td>Non-emergency medical appointments only.</td>
<td>$5.00 – $10.00 each way depending on location.</td>
<td>Call 3 days in advance.</td>
<td><strong>Boundaries:</strong> North to Hwy 176; South to Irving Park Rd.; West to Barrington Rd; East to Western Ave.</td>
<td>847-297-1800 Ext. 2626</td>
</tr>
<tr>
<td>Name of Transportation Service</td>
<td>Service Hours</td>
<td>Eligibility</td>
<td>Fares</td>
<td>Advanced Reservations</td>
<td>Additional Information</td>
<td>Phone Number</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>---------------</td>
<td>-------------</td>
<td>-------</td>
<td>-----------------------</td>
<td>------------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>“First Transit” Medicaid Client Transportation</td>
<td>Monday – Friday 8:00 am – 5:00 pm</td>
<td>Medicaid clients only. No age restrictions.</td>
<td>Free (clients only).</td>
<td>Reserve one week ahead.</td>
<td>No emergency transportation services. Must have prior approval in program.</td>
<td>877-725-0569</td>
</tr>
<tr>
<td>Northwest Community Healthcare Courtesy Van</td>
<td>Monday – Friday 6:45 am – 5:30 pm</td>
<td>General Public. To and from hospital campus for medical tests; no doctor appointments.</td>
<td>$5.00 one-way ($10.00 round trip).</td>
<td>Call 24 hours in advance.</td>
<td>Boundaries: West – Rte. 59; East – Rte. 294; North – Rte. 22; South – Elgin/O’Hare.</td>
<td>847-618-6480</td>
</tr>
<tr>
<td>RTA Reduced Fare Program</td>
<td>All hours of CTA, Metra, and Pace buses and or trains. Hours vary from each fixed-route service.</td>
<td>- Senior citizens (Age 65+) - Medicare card recipients receiving Social Security benefits. - Disabled citizens who receive Social Security Benefits.</td>
<td>Fare is reduced and determined by operating transit service.</td>
<td>No reservation necessary; application is required.</td>
<td>You must call the RTA Travel Information Center to apply for a Reduced Fare Permit or visit <a href="http://www.RTACHicago.com/ReducedFare">www.RTACHicago.com/ReducedFare</a> Serves Chicagoland area (Chicago and suburbs).</td>
<td>Regular Number: 312-836-7000 TTY Number: 312-836-4949</td>
</tr>
<tr>
<td>RTA Ride Free Program</td>
<td>All hours of CTA, Metra, and Pace buses and or trains. Hours vary from each fixed-route service.</td>
<td>Low-income Illinois residents (See Additional Info.) enrolled in the Illinois Department on Aging Benefit Access Program as a person with a disability or as a senior aged 65 &amp; older.</td>
<td>No fare.</td>
<td>No reservation necessary; application is required.</td>
<td>Eligible residents must have household income levels ranging from $27,610 or less for an individual, and $36,635 for a two-person household.</td>
<td>Regular Number: 312-836-7000 TTY Number: 312-836-4949</td>
</tr>
</tbody>
</table>
Senior Housing:

The Northwest Suburbs are the home of numerous senior housing facilities that offer a variety of different levels of care and hospitality. Housing over 38,000 residents 65 and over across the five municipalities.

Arlington Heights -------------- Page 17-20
Buffalo Grove ------------------ Page 21-22
Mount Prospect ----------------- Page 23
Palatine ------------------------ Page 24
Rolling Meadows --------------- Page 25
Affordable Independent Living - is for low-income seniors who usually must meet low income eligibility requirements to qualify for units. Generally, meals are not included in the monthly rent. Some amenities such as or multi-purpose rooms and activities may be provided.

Continuum of Care Retirement Communities – typically provide three levels of care – independent living, assisted living, and skilled nursing. They can include independent apartments, cottages, assisted living apartments, and nursing home rooms. They usually require and entry fee plus a monthly fee. There are many variations with financing, but the entry fees are usually upwards of $100,000 and are partially refundable based on a resident’s length of stay. Unlike condominium, residents do not buy a fee simple interest in their unit.

Market Rate Independent Living - is for those who want to live in a senior age-restricted building. Some or all meals may be provided. They more likely to be rental apartments, but may be for-sale condominiums, and are typically studio, one, or two bedroom units. Amenities may include a community or multi-purpose room, exercise equipment, computers, transportation, and some activities.

Market Rate Assisted Living – is for seniors who need assistance with activities of daily living such as bathing, dressing, medication management, etc. All meals are included and nurses and nurse’s aides are on staff.

Market Rate Memory Care – is for those with Alzheimer’s and other forms of dementia who require specialized care beyond what is typically available in assisted living.

Skilled Nursing – is what people typically think of as nursing homes and usually have long term residents as well as those requiring short term rehabilitation after an illness or surgery.
<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
</table>
| Affordable Independent Living | **Linden Place**  
700 E. Golf Road  
847-228-1212 | 1 Bedroom     | 30% of income        | • Units have stove, refrigerator, carpet, blinds  
• Laundry  
• Library  
• Social Room |
|                        | **Albert Goedke House**  
Housing Authority of the County of Cook  
215 E. Miner St.  
847-253-5450 | 1 Bedroom     | 30% of income        | • Units have stove, refrigerator, blinds, emergency pull cords  
• Rent includes heat, water & trash removal  
• Tenant pays electric  
• $45 utility allowance  
• On-site community room with kitchen, library, laundry & activities |
|                        | **Cedar Village of Arlington Heights**  
320 W. Campbell St.  
847-506-1010 | Studio 1 Bedroom | 30% of income        | • Units have electric range, refrigerator, carpet, A/C sleeves, window shades & emergency pull cords  
• Induced in rent are heat, water, electricity & trash removal  
• 5 units are handicapped accessible  
• Community room  
• Craft area  
• Coin operated laundry  
• Transportation services |
| Market Rate Independent Living | **Luther Village Mid-Rise**  
1220 Village Lane  
847-506-1919 | Studio         | $872                  | • Independent market-rate cooperative with for-sale condos and townhomes  
• Monthly fee covers property taxes, maintenance, 24-hour security, activities, a dining room minimum, cable TV, lawn care, snow and trash removal, and other support services  
• No 2nd person fee  
• Some 2 bedroom residence floor plans have 2 bathrooms  
• 55 acres with campus center at “Wittenberg Commons,” restaurants, billiards and multi-purpose rooms, indoor pool, whirlpool, and fitness center, scheduled transportation, wellness clinic, library, computer center, bank, salon, “country store,” interdenominational chapel, walking paths, ponds, pier for fishing, and gardens  
• Housekeeping, pharmacy, and hospitality suites for visitors are available  
• Residences include heat and water in monthly fee  
• All residents pay electricity  
• Residences have underground reserved parking for $15/month. Villas and Courtyards have garages.  
• Some residence floor plans include washer/dryer and walk-in closet  
• All residences have balcony or patio  
• Complimentary laundry room are available in most areas |
|                        | **Luther Village Villas and Courtyard Homes**  
1220 Village Lane  
847-506-1919 | 1 Bedroom     | $813 – $1,272         | • 1 Bedroom + Den $1,281 – $1,457  
• 2 Bedroom $1,424 – $2,132  
• 2 Bedroom + Den $1,988 – $2,478  
• 2 Bedroom (2 Bath) $1,558 – $1,661  
• 2 Bedroom + Loft (2 Bath) $1,867 – $1,958  
• Independent market-rate cooperative with for-sale condos and townhomes  
• Monthly fee covers property taxes, maintenance, 24-hour security, activities, a dining room minimum, cable TV, lawn care, snow and trash removal, and other support services  
• No 2nd person fee  
• Some 2 bedroom residence floor plans have 2 bathrooms  
• 55 acres with campus center at “Wittenberg Commons,” restaurants, billiards and multi-purpose rooms, indoor pool, whirlpool, and fitness center, scheduled transportation, wellness clinic, library, computer center, bank, salon, “country store,” interdenominational chapel, walking paths, ponds, pier for fishing, and gardens  
• Housekeeping, pharmacy, and hospitality suites for visitors are available  
• Residences include heat and water in monthly fee  
• All residents pay electricity  
• Residences have underground reserved parking for $15/month. Villas and Courtyards have garages.  
• Some residence floor plans include washer/dryer and walk-in closet  
• All residences have balcony or patio  
• Complimentary laundry room are available in most areas |
### Market Rate
Continuum of Care Retirement Communities

<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Independent Living</strong></td>
<td><strong>Church Creek</strong>&lt;br&gt;1250 W. Central Rd.&lt;br&gt;847-506-3200</td>
<td><strong>Studio</strong></td>
<td>$1,300 – $1,500+</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>1 Bedroom (1 Bath)</strong></td>
<td>$2,300 – $2,500</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>2 Bedroom (2 Bath)</strong></td>
<td>$3,600 – $3,700</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>2 Bedroom Deluxe (2 Bath)</strong></td>
<td>$3,800 – $3,900</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Assisted Living</strong>&lt;br&gt;(includes Care Level 1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Companion Suite</strong></td>
<td>$3,775</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Studio</strong></td>
<td>$4,619</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>2nd Person Fee</strong></td>
<td>$1,225</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Memory Care</strong>&lt;br&gt;(basic service)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Companion Suite</strong></td>
<td>$3,000 – $3,500</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Studio</strong></td>
<td>$4,000</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Skilled Nursing</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Semi-private</td>
<td>$235/day</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Private</td>
<td>$288/day</td>
<td></td>
</tr>
</tbody>
</table>

- Continuum of Care Retirement Community (CCRC) including independent living, assisted living and memory care, and skilled nursing
- One-time nonrefundable move-in fee of $3,500 in independent and assisted living
- 2nd person fee of $625 in independent living and $1,225 in assisted living
- Assisted living units have carpet, blinds, emergency call system, individually controlled HVAC, no kitchenettes
- Independent living has kitchenettes
- Rent includes 3 meals per day, all utilities including basic cable, weekly housekeeping, scheduled transportation, wellness visits by RN, activities and outings, phone is $20/month
- Extra fee for laundry service
- Amenities include dining room, concierge services, convenience store, beauty/barber shop, bank, fitness center, library, activity room with computers & internet service, garden, patios & pond
- Assisted living residents require Personal Care I ($700/month) at a minimum, Level II (additional $1,400/month) and Level III ($2,200/month)
- Included in fees are levels of assistance with activities of daily living, medication management, continence & mobility
### Arlington Heights Housing Services continued

<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
</table>
| **Assisted Living** | Lutheran Home 800 W. Oakton St. 847-368-7579 | Studio | $5,502 | • Continuum of Care Retirement Community (CCRC) including assisted living, memory care, short-term rehabilitation, and skilled nursing care  
• All nursing rooms, including rehab, are private  
• Assisted living 2nd person fee is $1,200/month  
• Assisted living units have kitchenettes with stove and refrigerator, emergency call system, individually controlled HVAC, carpets & blinds, includes 3 meals daily, weekly housekeeping & linens, wellness programs, concierge, priority access to health care, activities & outings, scheduled transportation, and all utilities including basic cable but not phone |
| | | 1 Bedroom | $6,076 |  
| | | 1 Bedroom + Den | $6,810 |  
| | | 2 Bedroom | $6,810 |  
| **Memory Care** | | Private – Mild | $288/day | • Rehab stays are covered by Medicare and there are licensed Medicaid beds including moderate to severe memory care but no mild memory care beds have Medicaid  
• Common amenities include dining room, library with computer, chapel, community room, beauty/barber shop, patio, doctor’s office & specialist visits  
• Each nursing room has a ½ bath and shares a hall shower, all utilities and phone included, plus continence products included, patio and screened courtyard, 1 to 6 staff/resident ratio in general nursing and 1 to 5 in more advanced areas  
• Assisted living residents take priority for transfers to nursing but moves directly into nursing are permitted  
• Care levels can increase in general nursing without resident moving, but care level increases in memory care to necessitate moving between wings  
• Any potential resident with a home worth more than 60% of total assets must place it in a master Trust Program, where a third party employed by Lutheran Home takes over the home and markets it for sale. The sale income is held in trust and used to pay the resident’s rent and expenses in perpetuity. Home need not sell prior to move-in.  
• Also, Cherish Place adult day care is offered for $65/day, which includes transportation |
| | | Private – Moderate | $357/day |
| | | Private – Severe | $385/day |
| **Nursing** | | Private Room | $276 – $432/day |
### Market Rate Continuum of Care Retirement Communities continued

<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
</table>
| **Independent Living** | **The Moorings of Arlington Heights** 811 E. Central Rd. 847-437-6700 | **Midrise Building** 1 Bedroom (1 Bath) | $2,450 | • Continuum of Care Retirement Community (CCRC)  
• Independent living entry fees are $123,835 – 775,984 and are 0%, 50%, or 90% refundable  
• 60% of assisted residents may have mild memory issues requiring direction or reminders  
• Independent units have stove, refrigerator, microwave, dishwasher, blinds, carpet, emergency call system; some have balconies  
• Month rent include breakfast & lunch or dinner, weekly housekeeping and flat linens, scheduled transportation, programs & activities, and all utilities including cable but not phone and computer  
• Indoor parking is $75/month  
• Extensive amenities include a 45-acre gated community, walking paths, 2 lakes, gazebo, gardens, dining room, café, woodworking shop, art studio, computer center, library, salon, bank, fitness center, swimming pool, whirlpool, private dining rooms, guest suites, health center, chapel, and convenience store  
• Assisted living units have carpet, blinds, kitchenette with microwave & refrigerator, emergency call system, individually controlled HVAC  
• Included in assisted living is are 3 meals daily, weekly housekeeping, morning/evening check-in, medicine reminders, ADL assistance, weekly personal laundry, transportation, activities & outings, and all utilities including cable and phone  
• Assisted living has no entrance fee and is not restricted to current residents  
• In nursing, semi-private rooms are 2 beds maximum  
• Most moves into higher care levels are internal |
<p>| | | <strong>1 Bedroom (1 Bath)</strong> | $2,600 – $2,635 | |
| | | <strong>2 Bedroom (2 Bath)</strong> | $2,700 | |
| | | <strong>2 Bedroom + Den (2 Bath)</strong> | $3,340 | |
| | | <strong>2 Bedroom Villa (2 Bath)</strong> | $2,800 | |
| | | <strong>2 Bedroom + Den Villa (2 Bath)</strong> | $3,745 | |
| <strong>Assisted Living</strong> | | <strong>Studio</strong> | $3,132 | |
| | | <strong>1 Bedroom (1 Bath)</strong> | $6,083 – $6,090 | |
| | | <strong>2nd Person Fee</strong> | $791 | |
| <strong>Nursing</strong> | | Semi-private | $258/day | |
| | | Private | $396/day | |
| <strong>Memory Care</strong> | | Semi-private | $275/day | |
| <strong>Manor Care</strong> 715 W. Central Rd. 847-392-2020 | Semi-private | $304/day | 42 Medicaid certified beds |</p>
<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
</table>
| Market Rate Assisted Living | Belmont Village  
500 McHenry Road  
847-537-5000 | Studio        | $4,500 – $5,950    | **Extra Fees:**  
• Incontinence care: $710/month  
• Medication administration: $630/month  
• Additional personal laundry: $170/month  
• Onetime, non-refundable community fee of 1 month’s rent  
• Units have refrigerator, microwave, emergency response system, individually controlled HVAC, blinds & carpet  
• Rent includes all utilities including basic cable except phone, 3 meals daily, weekly housekeeping & linens laundry, daily trash removal, daily living assistance, daily wellness checks, transportation to medical appointments & shopping, escort to meals & activities, & 24-hour monitoring of emergency system  
• Amenities include great room, dining room, computer center, multipurpose room, fitness center, library, salon, wellness center, terrace, bistro, & 2 laundry rooms per floor. Activities include shopping and salon trips. Program coordinator with Traumatic Brain Injury experience and recreational therapist certification |
|                    | Belmont Village  
500 McHenry Road  
847-537-5000 | 1 Bedroom    | $6,950                |                                                                                     |
|                    | Belmont Village  
500 McHenry Road  
847-537-5000 | Companion Suite | $3,125 – $4,325      |                                                                                     |
| Sunrise of Buffalo Grove | 180 W. Half Day Road  
847-478-8484 | Studio        | $2,408+              | • Kitchenettes have sink and mini-fridge  
• Apartments have wall HVAC units.  
• Amenities include “bistro” cafe counter, homelike common room with fireplace, common and private dining rooms.  
• Meals included                                                                 |
| Sunrise of Buffalo Grove | 180 W. Half Day Road  
847-478-8484 | 1 Bedroom    | $2,408+              |                                                                                     |
| Sunrise of Buffalo Grove | 180 W. Half Day Road  
847-478-8484 | Companion Suite | $2,408+              |                                                                                     |
<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>Extra Fees:</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Incontinence care: $710/month</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Medication administration: $630/month</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Additional personal laundry: $170/month</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Person-Centered approach for individual needs and abilities</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Structured, research-based daily activities</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Programs tailored for body, mind, and spirit</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Secured Neighborhood environment</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Specially trained staff and licensed nurse on duty 24/7</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Chef-prepared meals</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Medication Management</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Assistance with daily living</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Housekeeping and laundry</td>
</tr>
<tr>
<td>Market Rate Memory</td>
<td>Belmont Village</td>
<td>Studio</td>
<td>$6,525</td>
<td><strong>Information &amp; Amenities</strong></td>
</tr>
<tr>
<td></td>
<td>500 McHenry Road 847-537-5000</td>
<td></td>
<td></td>
<td>• Specialty Trained Staff</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 Bedroom</td>
<td>$8,275</td>
<td>• Transportation</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Secure Studio</td>
<td>$6,525 – $7,000</td>
<td>• 24-Hour Nursing Staff</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Companion Suite</td>
<td>$4,830</td>
<td>• Incontinence Care</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Secure Companion Suite</td>
<td>$4,900</td>
<td>• Medication Administration</td>
</tr>
<tr>
<td></td>
<td>Sunrise of Buffalo Grove</td>
<td>Semi-private</td>
<td>$2,980</td>
<td>• Respite Care</td>
</tr>
<tr>
<td></td>
<td>180 W. Half Day Road 847-478-8484</td>
<td></td>
<td></td>
<td>• Skilled Care</td>
</tr>
<tr>
<td></td>
<td>Claremont Rehab &amp; Living Facility</td>
<td>Semi-private</td>
<td>$242/Day</td>
<td>• Rent includes 3 meals/day, wound care, oxygen, continence care and supplies, full assistance with activities of daily living (dressing, bathing, ambulation, medications, etc.)</td>
</tr>
<tr>
<td></td>
<td>150 N. Weiland Road 847-465-0200</td>
<td>Private</td>
<td>$284/Day</td>
<td>• Rooms furnished with wardrobe, nightstand and bed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Amenities: library, computer room, very attractive rear and side patio with play structure for grandchildren, community room, ice cream parlor, family rooms, lounges on each floor, private recovery suites, concierge service, cable and satellite TV, Wi-Fi accessibility, laptops available, outdoor patio and café, salon and Spa</td>
</tr>
<tr>
<td></td>
<td>Claremont Rehab &amp; Living Facility</td>
<td>Semi-private</td>
<td>$253/Day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>150 N. Weiland Road 847-465-0200</td>
<td>Private</td>
<td>$295/Day</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Semi-private Rehab</td>
<td>$256/Day</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Private Rehab</td>
<td>$298/Day</td>
<td></td>
</tr>
<tr>
<td>Type of Housing</td>
<td>Name &amp; Address</td>
<td>Units Offered</td>
<td>Rents or Monthly Fees</td>
<td>Information &amp; Amenities</td>
</tr>
<tr>
<td>----------------</td>
<td>----------------</td>
<td>---------------</td>
<td>-----------------------</td>
<td>-------------------------</td>
</tr>
</tbody>
</table>
| Affordable Independent Living | Mount Prospect Horizon 1703 E. Kensington Rd. 630-499-9718 | 1 Bedroom | $328 – $728 | • Rent to include water heating, cold water, sewer and trash removal  
• Tenants pay for gas heat, electricity, phone & cable  
• Utility allowances: 1 BR: $78; 2 BR: $90  
• Community room with projection TV & kitchen for parties  
• Exercise room with fitness equipment  
• Arts & crafts room  
• Game room with billiards table  
• Computer lab with Internet access  
• Library with fireplace, activities  
• Coin operated laundry on each floor |
| | | 2 Bedroom | $716 – $877 | |
| Affordable Independent Living | Huntington Towers 551 & 571 W. Huntington Commons Road 847-640-1337 | Studio | 30% of income | • Heating and appliances is electric, which is paid by tenants  
• Utility allowances:  
  • $31 - studio  
  • $33 - 1 BR; $38 - 2 BR  
• Laundry rooms and community room.  
• Parking lot used for picnics. |
| | | 1 Bedroom | | |
| | | 2 Bedroom | | |
| Affordable Independent Living | Centennial North & South 900 E. Ardyce Drive 847-228-1212 | 1 Bedroom | 30% of income | • Rent includes heat, water & trash removal  
• Tenants pay electricity.  
• On-site community areas  
• Library/card room  
• Laundry rooms  
• Beautician by appointment |
| | | 2 Bedroom | | |
# Palatine Housing Services

<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Affordable Independent Living</td>
<td>Greencastle of Palatine</td>
<td>1 Bedroom</td>
<td>30% of Income</td>
<td>• Max 1-person income of $25,800&lt;br&gt;• Age 62+; no younger disabled&lt;br&gt;• Electric baseboard heaters in bathrooms&lt;br&gt;• Light fixtures in kitchens and bedrooms&lt;br&gt;• Heat is gas and is included in rent&lt;br&gt;• Tenants pay electricity&lt;br&gt;• Utility allowance: $29</td>
</tr>
<tr>
<td></td>
<td>Greencastle of Palatine</td>
<td>1 Bedroom</td>
<td>$100 – $950</td>
<td>• Run by Little Sisters of the Poor religious order&lt;br&gt;• Admissions based on functional level and fit with community.&lt;br&gt;• Foundation-supported&lt;br&gt;• All utilities included except phone&lt;br&gt;• Free laundry room&lt;br&gt;• Independent units unfurnished&lt;br&gt;• Residents must be self-sufficient&lt;br&gt;• Units have refrigerator, electric stove, tile floor, laminate counters, carpet, A/C, bathroom grab bars, and pull chords.&lt;br&gt;• Services include medication administration, ADL assistance housekeeping daily</td>
</tr>
<tr>
<td>Affordable Skilled Nursing</td>
<td>St. Joseph’s Home for the Elderly</td>
<td>Intermediate room</td>
<td>$125/Day</td>
<td>• Advanced Wound Care, Audiology, BiPAP/CPAP, Dementia Care, Dentistry, Hospice Care, Isolation Accommodations, IV Therapy, Optometry, Peritoneal Dialysis, Respite Care, Restorative Nursing Care, Skills Development &amp; Training, Trach Care&lt;br&gt;• Payment options include Medicare, Medicaid: Illini Care and Aetna Better Health, Social Security/Disability, Some Insurance: including: BCBS, PPO &amp; Humana PPO, and Private Pay</td>
</tr>
<tr>
<td></td>
<td>St. Joseph’s Home for the Elderly</td>
<td>Skilled room</td>
<td>$125/Day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>St. Joseph’s Home for the Elderly</td>
<td>Shelter Room</td>
<td>$45/Day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>St. Joseph’s Home for the Elderly</td>
<td>1 Bedroom</td>
<td>$200/Day</td>
<td></td>
</tr>
<tr>
<td>Market Rate Independent Living</td>
<td>Tamarack</td>
<td>Studio</td>
<td>$1,795</td>
<td>Extra Fees:&lt;br&gt;• $565 couples fee&lt;br&gt;• $500 fee to transfer within building&lt;br&gt;• All utilities included in rent (except phone and cable). Heat and appliances are electric&lt;br&gt;• Rent includes 3 meals/day, weekly housekeeping, weekly linen and towel service, scheduled transportation within 15 miles for any purpose, activity schedule by enrichment coordinator&lt;br&gt;• Free laundry room</td>
</tr>
<tr>
<td></td>
<td>Tamarack</td>
<td>1 Bedroom</td>
<td>$1,895 – $2,219</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tamarack</td>
<td>1 Bedroom + Den</td>
<td>$2,800</td>
<td></td>
</tr>
<tr>
<td>Market Rate Skilled Nursing</td>
<td>Plum Grove Nursing and Rehab</td>
<td>Semi-Private</td>
<td>$200/Day</td>
<td></td>
</tr>
</tbody>
</table>
## Rolling Meadows Housing Services

<table>
<thead>
<tr>
<th>Type of Housing</th>
<th>Name &amp; Address</th>
<th>Units Offered</th>
<th>Rents or Monthly Fees</th>
<th>Information &amp; Amenities</th>
</tr>
</thead>
</table>
| Affordable Assisted Living      | Plum Creek Supportive Living    | Studio        | $3,200                | • Attractive common areas including dining room, lobby lounge with cafe, library/movie room, and general purpose rooms. Medicaid residents pay all of their income except $90/mo. for personal expenses.  
• Units have emergency call system, individually controlled HVAC, carpet, blinds, & kitchenette (refrigerator & microwave).  
• Rent includes: 3 meals/day, laundry, housekeeping, activities, aid with personal care, & medicine reminders  
• Doctor visits once weekly                                                             |
|                                 | 28-1 Algonquin Road 847-670-8080 | 1 Bedroom     | $4,200                |                                                                                                                                                       |
| Market Rate Memory              | Manor Care                      | Semi-private  | $304/Day              | • Market rate skilled nursing facility with 16 semi-private rooms                                                                                       |
|                                 | 4225 Kirchoff Road 847-397-2400 |               |                       |                                                                                                                                                       |
| Market Rate Skilled Nursing     | Manor Care                      | Semi-private  | $304/Day              |                                                                                                                                                       |
|                                 | 4225 Kirchoff Road 847-397-2400 |               |                       |                                                                                                                                                       |
There are extensive senior services available throughout the Northwest Suburban Collaborative Housing communities. Some are open to people regardless to where they live, while others have strict boundaries, often by municipality or township. The following pages provide information regarding local governmental organizations that provide senior services and/or that can provide information and referrals to the many organizations that provide senior housing and services.

Arlington Heights --------------- Page 27-29
Buffalo Grove --------------- Page 30
Mount Prospect --------------- Page 31-32
Palatine --------------- Page 33
Rolling Meadows --------------- Page 34-36
## Arlington Heights Services

<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arlington Heights Senior Center</td>
<td>1801 W. Central Road 1801 W. Central Road Arlington Heights, IL 60005 847-253-5532 <a href="http://www.vah.com">http://www.vah.com</a></td>
<td>M: 8:30 am – 8:00 pm T: 8:30 am – 4:30 pm W: 8:30 am – 8:00 pm TH: 8:30 am – 4:30 pm F: 8:30 am – 4:30 pm SA: 8:30 am – 12:30 pm</td>
<td>Services include recreation, fitness, Athletic Club, bus tours, dance, billiards, table tennis, Sudoku, Laugher Club, reading room, library loans collection, computer lab and classes, language classes, arts and crafts studio, special events, Life Long Learning Institute partnership with Harper College, investment clubs, discussion groups, M-F luncheon program, café, Meals and Wheels, flu shot clinic, health speakers and programs, Ask the Nurse, Conversations with the Nurse, Lending Closet of small durable medical equipment, Senior Heath Insurance Program, Defensive Driving instruction, Rules of the Road, RTA pass application, escorted transportation for medical appointments, transportation program, information and referral, case management, elder abuse intervention, nursing home prescreening, family caregiver support, shore and homemaker service, Community Care Program, Postal Carrier Alert Program, legal aid referrals, wills program for persons with moderate incomes, income tax preparation assistance, extensive volunteer program, woodshop, patio and patio programs, and indoor walking track.</td>
</tr>
<tr>
<td>Village of Arlington Heights Department of Building and Health Services</td>
<td>33 South Arlington Heights Road 33 South Arlington Heights Road Arlington Heights, IL 60005 847-368-5060 <a href="http://www.vah.com">http://www.vah.com</a></td>
<td>Monday – Friday 8:00 am – 5:00 pm</td>
<td>Services include emergency assistance, counseling subsidy, information &amp; referral, disability services, health screenings, and visiting nurses.</td>
</tr>
<tr>
<td>Village of Arlington Heights Department of Planning &amp; Community Development</td>
<td>33 South Arlington Heights Road 33 South Arlington Heights Road Arlington Heights, IL 60005 847-368-5060 <a href="http://www.vah.com">http://www.vah.com</a></td>
<td>Monday – Friday 8:00 am – 5:00 pm</td>
<td>Single Family Rehabilitation Loan Program: 0% interest, deferred loans for home improvements are provided to low to moderate income homeowners. No monthly payments.</td>
</tr>
<tr>
<td>Service Center</td>
<td>Contact Information</td>
<td>Hours</td>
<td>Additional Information</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>--------------------------------------------------------------------------------------</td>
<td>---------------------------</td>
<td>---------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Northwest Suburban Housing Collaborative Handyman Program | Administered by the Northwest Housing Partnership  
1701 E. Woodfield Road, Suite 203  
Schaumburg, Illinois 60173  
847-969-0561  
[http://www.nwhp.net/programs.html](http://www.nwhp.net/programs.html) | **Monday – Friday**  
9:00 am – 5:00 pm | Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows. |
| Wheeling Township                  | 1616 N. Arlington Heights Road  
Arlington Heights, IL 60004  
847-259-7730  
[http://www.wheelingtownship.com/  
Senior-Disability-Services](http://www.wheelingtownship.com/Senior-Disability-Services) | **Monday – Friday**  
9:00 am – 4:30 pm | Services to Arlington Heights residents residing in Wheeling Township include Information and referral, health screenings, Meals on wheels/lunch programs, and repairs & maintenance. |
| Elk Grove Township                 | 2400 S. Arlington Heights Road  
Arlington Heights, IL 60005  
847-437-0300  
9:00 am – 4:00 pm | Services to Arlington Height residents residing in Elk Grove include a general assistance office, mobile dental clinic, Community Health Nurse, A-OK Program, and various transportation services. |
<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| Palatine Township Senior Citizen’s Council       | Palatine Township Senior Center  
505 S. Quentin Rd.  
Palatine, IL 60067  
847-991-1112  
http://www.ptscc.org/ | **Monday – Friday**  
8:30 am – 5:00 pm | Meals on Wheels, Social Services including Counseling and Disability Resources, Games and Social Excursions, Recreation and Physical Fitness, Transportation Services, and Computer Access. |
| Palatine Township Food Pantry                    | Palatine Township Center  
721 S. Quentin Rd.  
Palatine, IL 60067  
847-358-6110  
http://www.palatinetownship.com | **Monday**  
11:00 am – 4:00 pm  
**Thursday**  
11:30 am – 4:30 pm | Groceries and Household Items for Palatine Township Residents in Need. |
| Palatine Township Office                         | Palatine Township Center  
721 S. Quentin Rd.  
Palatine, IL 60067  
847-358-6700  
http://www.palatinetownship.com | **Monday – Friday**  
8:30 am – 5:00 pm  
**Saturday**  
8:30 am – 12:00 noon | Reduced Fare RTA Transit Permits, Gift Card Programs, Discount Prescription Cards, Northwest Community Mobile Dental Clinic, Senior Transportation Services. |
<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buffalo Grove Park District</td>
<td>530 Bernard Drive, Buffalo Grove, IL 60089</td>
<td><strong>Monday</strong> 8:30 am – 6:30 pm&lt;br&gt;<strong>Tuesday – Friday</strong> 8:30 am – 5:00 pm&lt;br&gt;<strong>Saturday</strong> 9:00 am – 12:00 pm</td>
<td>Programs for seniors age 50 and above – trips, lectures, services and planned activities.</td>
</tr>
<tr>
<td>Wheeling Township</td>
<td>1616 N. Arlington Heights Road, Arlington Heights, IL 60004&lt;br&gt;847-259-7730&lt;br&gt;<a href="http://www.wheelingtownship.com/Senior-Disability-Services">http://www.wheelingtow...</a></td>
<td><strong>Monday – Friday</strong> 9:00 am – 4:30 pm</td>
<td>Services to Buffalo Grove residents residing in Wheeling Township include Information and referral, health screenings, Meals on wheels/lunch programs, and repairs &amp; maintenance.</td>
</tr>
<tr>
<td>Vernon Township</td>
<td>3050 N. Main Street, Buffalo Grove, IL 60068&lt;br&gt;847-634-4600&lt;br&gt;<a href="http://www.vernontownship.com">http://www.vernontownship.com</a></td>
<td><strong>Monday – Friday</strong> 8:30 am – 4:30 pm</td>
<td>Trips, 50/50 Taxi Program, informational meetings/speakers, on-site library, Prime Timers each Monday 11:30 AM – 3:00 PM, Senior Health Insurance Program.</td>
</tr>
<tr>
<td>Northwest Suburban Housing Collaborative Handyman Program</td>
<td>Administered by the Northwest Housing Partnership&lt;br&gt;1701 E. Woodfield Road, Suite 203, Schaumburg, Illinois 60173&lt;br&gt;847-969-0561&lt;br&gt;<a href="http://www.nwhp.net/programs.html">http://www.nwhp.net/programs.html</a></td>
<td><strong>Monday – Friday</strong> 9:00 am – 5:00 pm</td>
<td>Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows.</td>
</tr>
<tr>
<td>Service Center</td>
<td>Contact Information</td>
<td>Hours</td>
<td>Additional Information</td>
</tr>
<tr>
<td>----------------</td>
<td>---------------------</td>
<td>-------</td>
<td>------------------------</td>
</tr>
<tr>
<td>Village of Mount Prospect Human Services Department</td>
<td>Village of Mount Prospect Human Services Department Village Hall 50 S. Emerson Street Mount Prospect, IL 60056 847-870-5680 <a href="http://www.mountprospect.org">http://www.mountprospect.org</a></td>
<td><strong>Monday – Friday</strong> 8:30 am – 5:00 pm Some services are available on the weekends.</td>
<td>• Nursing  Outreach for Home Bound  Health Screenings  Blood Pressure  Cholesterol  Diabetes  Health Activities  Walking Group • Social Services  Case Management  Financial Assistance  Crisis Intervention  Food Pantry  SNAP, Medicare D Review Help  Information, Assistance &amp; Referral • Senior Recreation Activities  Clubs, Bingo, Cards, Billiards  Senior Newsletter  Calendar of Events</td>
</tr>
<tr>
<td>Village of Mount Prospect Community Connections Center</td>
<td>Village of Mount Prospect Human Services Department (satellite office) 1711 W. Algonquin Road Mount Prospect, IL 847-506-4930 <a href="http://www.mountprospect.org">http://www.mountprospect.org</a></td>
<td><strong>Monday – Friday</strong> 11:00 am – 7:30 pm *11:00 am – 3:00 pm on the Friday preceding the 2nd Saturday of the month, and on the 2nd Saturday of the month</td>
<td>All Nursing and Social Services listed above</td>
</tr>
<tr>
<td>Northwest Suburban Housing Collaborative Handyman Program</td>
<td>Administered by the Northwest Housing Partnership 1701 E. Woodfield Road Suite 203 Schaumburg, Illinois 60173 847-969-0561 <a href="http://www.nwhp.net">http://www.nwhp.net</a></td>
<td><strong>Monday – Friday</strong> 9:00 am – 5:00 pm</td>
<td>• Home repairs and maintenance jobs  • Applications taken over the phone  • Open to seniors residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows  • Sponsored by the Northwest Suburban Housing Collaborative</td>
</tr>
<tr>
<td>Service Center</td>
<td>Contact Information</td>
<td>Hours</td>
<td>Additional Information</td>
</tr>
<tr>
<td>----------------------------------------------------</td>
<td>--------------------------------------------------------------------------------------</td>
<td>--------------------------------------------</td>
<td>----------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Village of Mount Prospect Community Development Dept.</td>
<td>Village of Mount Prospect Community Development Dept. Village Hall 50 S. Emerson Street Mount Prospect, IL 60056 <strong>847-818-5328</strong> <a href="http://www.mountprospect.org">http://www.mountprospect.org</a></td>
<td><strong>Monday – Friday</strong> 8:30 am – 5:00 pm</td>
<td>• Single Family Rehabilitation Programs</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• 0% interest loan up to $25,000</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Matching grant up to $1,500</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Available to qualified Low/Moderate Income homeowners</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Applications available on Village website</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Funded through the Village's Community Development Block Grant Program</td>
</tr>
<tr>
<td>Wheeling Township</td>
<td>Wheeling Township Office 1616 N. Arlington Heights Road Arlington Heights, IL 60004 <strong>847-259-7730</strong> <a href="http://www.wheelingtownship.com/Senior-Disability-Services">http://www.wheelingtownship.com/Senior-Disability-Services</a></td>
<td><strong>Monday – Friday</strong> 9:00 am – 4:30 pm</td>
<td>• Services to Mount Prospect residents residing in Wheeling Township</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Health and social services</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Meals on wheels</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Transportation Services</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Friendly visitors</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Information and referral</td>
</tr>
<tr>
<td>Elk Grove Township</td>
<td>Elk Grove Township Office 2400 S. Arlington Heights Road Arlington Heights, IL 60005 <strong>847-437-0300</strong> <a href="http://www.elkgrovetownship.com/senior/">http://www.elkgrovetownship.com/senior/</a></td>
<td><strong>Monday – Friday</strong> 9:00 am – 4:00 pm</td>
<td>• Services to Mount Prospect residents residing in Elk Grove Township</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Health and social services</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Mobile Dental Clinic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Community Health Nurse</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• A-OK Program</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Transportation Services</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• General Assistance Office</td>
</tr>
</tbody>
</table>
## Palatine Services

<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Palatine Township Senior Citizen’s Council</td>
<td>Palatine Township Senior Center 505 S. Quentin Rd. Palatine, IL 60067 847-991-1112 <a href="http://www.ptscc.org/">http://www.ptscc.org/</a></td>
<td>Monday – Friday 8:30 am – 5:00 pm</td>
<td>Meals on Wheels, Social Services including Counseling and Disability Resources, Games and Social Excursions, Recreation and Physical Fitness, Transportation Services, and Computer Access.</td>
</tr>
<tr>
<td>Nurse’s Club Lending Closet</td>
<td>Palatine Village Hall 200 E. Wood St. Palatine, IL 60067 847-934-3016</td>
<td>Wednesday &amp; Saturday 10:00 am – 11:30 am</td>
<td>Free Loaned Medical Supplies; Wheelchairs, Walkers, Crutches, Shower Seats, etc.</td>
</tr>
</tbody>
</table>
| Palatine Township Food Pantry | Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 847-358-6110 http://www.palatinetownship.com | Monday 11:00 am – 4:00 pm  
Thursday 11:30 am – 4:30 pm | Groceries and Household Items for Palatine Township Residents in Need. |
| Palatine Township Office | Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 847-358-6700 http://www.palatinetownship.com | Monday – Friday 8:30 am – 5:00 pm  
Saturday 8:30 am – 12:00 noon | Reduced Fare RTA Transit Permits, Gift Card Programs, Discount Prescription Cards, Northwest Community Mobile Dental Clinic, Senior Transportation Services. |
| Northwest Suburban Housing Collaborative Handyman Program | Administered by the Northwest Housing Partnership 1701 E. Woodfield Road, Suite 203 Schaumburg, Illinois 60173 847-969-0561 http://www.nwhp.net/programs.html | Monday – Friday 9:00 am – 5:00 pm | Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows. |
## Rolling Meadows Services

<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| City of Rolling Meadows              | City of Rolling Meadows  
3600 Kirchoff Road  
Rolling Meadows, IL 60008  
847-394-8500  
http://www.cityrm.org                | Monday – Friday  
8:00 am – 4:00 pm                  | Senior Handyman program  
Senior Snowplowing program            |
| Rolling Meadows Golden Years Council | Rolling Meadows Community Center  
3705 Pheasant Drive  
Rolling Meadows, IL 60008  
847-817-3205  
847-818-3200  
http://www.rmparks.org                | Monday – Thursday  
9:00 am – 4:00 pm                  | Service, support and fun activities for all active adults in the Northwest Chicago suburbs. |
| Elk Grove Township                   | 2400 S. Arlington Heights Road Arlington Heights, IL 60005  
847-437-0300  
http://www.elkgrovetownship.com/senior | Monday – Friday  
9:00 am – 4:00 pm                  | Services to Rolling Meadows residents residing in Elk Grove Township include a general assistance office, mobile dental clinic, Community Health Nurse, A-OK Program, and various transportation services. |
<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Palatine Township Senior Citizen’s Council</td>
<td>Palatine Township Senior Center</td>
<td>Monday – Friday 8:30 am – 5:00 pm</td>
<td>Meals on Wheels, Social Services including Counseling and Disability Resources, Games and Social Excursions, Recreation and Physical Fitness, Transportation Services, and Computer Access.</td>
</tr>
<tr>
<td></td>
<td>505 S. Quentin Rd. Palatine, IL 60067</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>847-991-1112</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Palatine Township Food Pantry</td>
<td>Palatine Township Center</td>
<td>Monday 11:00 am – 4:00 pm</td>
<td>Groceries and Household Items for Palatine Township Residents in Need.</td>
</tr>
<tr>
<td></td>
<td>721 S. Quentin Rd. Palatine, IL 60067</td>
<td>Thursday 11:30 am – 4:30 pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>847-358-6110</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.palatinetownship.com">http://www.palatinetownship.com</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Palatine Township Office</td>
<td>Palatine Township Center</td>
<td>Monday – Friday 8:30 am – 5:00 pm</td>
<td>Reduced Fare RTA Transit Permits, Gift Card Programs, Discount Prescription Cards, Northwest Community Mobile Dental Clinic, Senior Transportation Services.</td>
</tr>
<tr>
<td></td>
<td>721 S. Quentin Rd. Palatine, IL 60067</td>
<td>Saturday 8:30 am – 12:00 noon</td>
<td></td>
</tr>
<tr>
<td></td>
<td>847-358-6700</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.palatinetownship.com">http://www.palatinetownship.com</a></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Rolling Meadows Services Continued

<table>
<thead>
<tr>
<th>Service Center</th>
<th>Contact Information</th>
<th>Hours</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schaumburg Township Office</td>
<td>Township of Schaumburg 1 Illinois Blvd. Hoffman Estates, IL 60169 847-884-0030 <a href="http://www.schaumburgtownship.org">http://www.schaumburgtownship.org</a></td>
<td>Monday – Friday 8:30 am – 5:00 pm</td>
<td>Services to Rolling Meadows residents residing in Schaumburg Township include food pantry, mobile dental clinic, Low Income Home Energy Assistance Program and Senior Services.</td>
</tr>
<tr>
<td>Wheeling Township Office</td>
<td>Township of Wheeling 1616 N. Arlington Hts. Rd. Arlington Heights, IL 60004 847-259-7743 <a href="http://www.wheelingtownship.com">http://www.wheelingtownship.com</a></td>
<td>Monday – Friday 9:00 am – 4:30 pm</td>
<td>Services to Rolling Meadows residents residing in Wheeling Township include food pantry, senior and transportation services.</td>
</tr>
<tr>
<td>Northwest Suburban Housing Collaborative Handyman Program</td>
<td>Administered by the Northwest Housing Partnership 1701 E. Woodfield Road, Suite 203 Schaumburg, Illinois 60173 847-969-0561 <a href="http://www.nwhp.net/programs.html">http://www.nwhp.net/programs.html</a></td>
<td>Monday – Friday 9:00 am – 5:00 pm</td>
<td>Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows.</td>
</tr>
</tbody>
</table>
Senior Resource Guide – 2015

Produced by the Northwest Suburban Housing Collaborative