CHANGE CLOCKS AND SMOKE DETECTOR BATTERIES

Remember to move your clocks ahead one hour Sunday, March 8, 2020. This is the time of year you should also check your smoke detector batteries.

More Americans have smoke detectors than ever before, however, half do not work. Without a working smoke detector as an early warning device, fire can spread unnoticed through the household, blocking escape routes and filling rooms with deadly smoke. Make sure you are protected. Start a new lifesaving habit this March 8th. When you change your clocks, change your smoke detector batteries!
PINOCCHLE GROUP
The pinochle group plays single deck every Wednesday evening. Doors open at 6:30 p.m. and play begins at 7:00 p.m. (Doors are then locked at 7:00 p.m.) Both cutthroat and regular pinochle are played. Partners are not needed, so please join the group any Wednesday you feel like playing.

SCRABBLE ANYONE?
The Scrabble group meets every Tuesday at 1:00 p.m. All are encouraged to come in for a game or two.

CALLING SENIOR MEN
If you are 50 or older and looking for something new, we invite you to get acquainted with the Mount Prospect Senior Men’s Group.

Stop by to socialize, reminisce about what it was like to get a job in a pre-computer world, compare military experience or just play some pool.

We meet at 12:30 pm every Wednesday in the Mount Prospect Village Hall Farley Community Room. This is adjacent to the free parking garage and village library.

Whether you are looking to make some new friends, get out of the house for a bit or just have some fun . . . we think you will enjoy the camaraderie. Stop by any Wednesday to get acquainted or call Lee at 847-207-0079 for more information.

FOOD PANTRY ASSISTANCE
Our Emergency Food Pantry is available to all Mount Prospect residents, including senior citizens. After a financial assessment has been made, qualified residents are able to visit the food pantry once a month.

Appointments for assessments and food shopping are necessary and can be made by calling the Human Services Department at 847-870-5680 or the Community Connections Center at 847-506-4930.
RULES OF THE ROAD CLASS

Wednesday
March 25, 2020
1:30 p.m.

Village Hall - 1st Floor - Farley Community Room
50 S. Emerson Street
Mount Prospect

This course is intended to give drivers the information and confidence they need to pass their license renewal examination.

Space is limited, so register by calling the Village of Mount Prospect Human Services Department at 847-870-5680.
Spring is the time of year for con artists and other scam artists to prey on elderly victims. Con artists will usually travel in groups of two or more by pick up trucks, station wagons or vans during daylight hours. They drive around neighborhoods looking for elderly victims working in their yards.

Con artists will pose as employees of utility companies, building inspectors, roofers, chimney repairmen, driveway seal coaters, body repairmen and handymen. They will quote a price for the work and later demand 5-10 times the quoted price.

In another scenario, Con artists will lure victims out of the house to look at the driveway, roof, chimney, or trees in need of trimming. They will also distract victims inside the home and keep them preoccupied. While outside or distracted in the home, the accomplice will search the home for money and jewelry.

Protect yourself and deal with a legitimate contractor that either you contact or came recommended by a friend. Receive a written quote for repairs to be done prior to the work being started. Do not allow anyone into your home.

Call 911 immediately to report suspicious persons in your neighborhood. Copy down license plate information and a description of the suspicious person’s vehicle if possible.
Wednesday, March 11
7-8:30 p.m.

Learn how to use genealogy subscription databases available to Mount Prospect cardholders at home for free. MyHeritage includes census, vital, and family tree records. Fold3 offers U.S. military records, including stories, photos, and personal documents. Librarians Steven Browne and Anne Shaughnessy will help you make the most of these special resources.

Please sign up on the Internet at www.mppl.org, at the Library, or by calling 847/253-5675. The Library requires at least a one-week notice if special accommodations are needed.

Mount Prospect Public Library
explore the opportunities

10 South Emerson Street • Mount Prospect, IL 60056 • 847/253-5675 • www.mppl.org
50’s Plus Breakfast Hour

Join your Village Team for Information, Coffee, & Continental Breakfast

Thursday, April 2, 2020
9:00AM - 10:00AM
Village Hall – Farley Community Room
50 S. Emerson Street

Senior Programming at the Mount Prospect Park District and River Trails Park District

Continental Breakfast Provided by Avanti Cafe
SENIOR GROUPS DESCRIPTIONS

CARDS
There are a number of card groups that meet at the Community Center. Contract Bridge and Pinochle are usually the games of choice. It is recommended that anyone participating in a card group arrive at least fifteen minutes before starting time. Drop in - No membership and no need to bring a partner.

MAHJONG
This group meets every Wednesday at 9:30 a.m. Drop in

MEN’S CLUB
This club meets at 12:30 noon every Wednesday. After a brief update on club news, the men play cards and shoot pool. Coffee and sweet rolls are served, too. Drop in

MOUNT PROSPECT WOMAN’S CLUB
This club is a philanthropic organization supporting many worthy causes such as the Food Pantry, Historical Society, WINGS, Hines Veteran Hospital, Scholarships, etc. The club also hosts card parties, luncheons, and fashion shows. Meetings are held the 1st Tuesday of the month, September through May, at the Village Hall Farley Community Room. Call the Mount Prospect Human Services Department at 847-870-5680 for membership information.

MUSIC
The Sentimentalists Senior Chorus meets every Wednesday morning at 10:00 a.m., September through December; then April and May. They are a friendly group that enjoys singing a variety of familiar music. They occasionally perform for other organizations. Drop in

PINOCHLE
This group meets every Wednesday evening at 7:00 p.m.
- Regular Pinochle meets every Wednesday throughout the year. Drop in and no need to bring a partner
- There is a Tournament Pinochle Group on the third Wednesday of each month from September through May. To play in the tournament, you must join the group in September.

SCRABBLE
The Scrabble group meets every Tuesday at 1:00 p.m. All are encouraged to drop in for a game or two.

SENIORS FRIENDSHIP CLUB
The club gets together on the second and fourth Tuesdays of each month at 1:00 p.m. Bring your friends and stop in for assorted programs, luncheons, Bingo, etc. Drop in

YOUNG AT HEART CLUB
This group plays assorted card games every Monday at 9:00 a.m. Drop in

INDOOR WALKING
The Central Community Center at 1000 W. Central Road in Mount Prospect has an inline hockey rink and a large gym. They will allow patrons to walk for free when these facilities are not in use.

Walk for free at the Forest View Educational Center’s Field House at 2121 S. Goebbert Road in Arlington Heights. Participants must register and pick up a Walking Pass from the Community Education Office. This walking track is open year-round.

THE SENIOR SENTINEL NEWSLETTER
This newsletter is available for pick up at the Human Services Department on the 2nd floor at Village Hall; in the Farley Community Room on the 1st floor at Village Hall; and on the Mount Prospect website: https://www.mountprospect.org/departments/human-services/senior-sentinel-newsletter
If you are unable to pick up a newsletter, please call the Human Services Department at 847-870-5680 and we will mail one to you.
NURSES LENDING CLOSET EQUIPMENT

The Village of Mount Prospect administers the Nurses Lending Closet. The program provides medical equipment such as wheelchairs, walkers, canes, commodes and bath seats to residents on a temporary basis. This enables any resident, who has a medical problem that requires special equipment, to borrow equipment for up to three months free of charge. The cost of the program is covered by voluntary donations from civic organizations and individuals who use the program.

The lending closet is in the Mount Prospect Human Services Department located in Village Hall, 50 South Emerson Street, on the 2nd floor. Call 847-870-5680 and we can tell you if the item is available.

Below are some examples of items we may have in the lending closet.

Due to the tremendous generosity of many people, our lending closet is full and we are unable to accept donations of medical equipment at this time.

Thank you for your thoughtfulness.
### March 2020

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</table>
| 1:00 PM Contract Bridge | 9:00 AM Early Voting  
9:00 AM Young at Heart  
9:00 AM Health Screening  
1:00 PM Contract Bridge | 9:00 AM Early Voting  
12:00 PM Woman’s Club  
1:00 PM Scrabble | 9:00 AM Early Voting  
9:30 AM Mahjong  
12:30 PM Men’s Club  
7:00 PM Pinochle | 9:00 AM Early Voting  
3:00 PM Blood Drive  
1:00 PM Contract Bridge | 9:00 AM Early Voting  
1:30 PM Ageless Grace  
7:00 PM Contract Bridge | 9:00 AM Early Voting |

Daylight Savings Time Begins

1. **9:00 AM Early Voting**  
2. **9:00 AM Young at Heart**  
3. **9:00 AM Health Screening**  
4. **1:00 PM Contract Bridge**

Daylight Savings Time Begins

| 8   | 9:00 AM Early Voting  
9:00 AM Health Screening  
9:00 AM Young at Heart  
1:00 PM Contract Bridge | 10 | 9:00 AM Early Voting  
1:00 PM Scrabble  
1:00 PM Seniors Friendship Club | 11 | 9:00 AM Early Voting  
9:30 AM Mahjong  
12:00 PM Bridge  
12:30 PM Men’s Club  
7:00 PM Pinochle | 12 | 8:45 AM Cholesterol Screening - by Appointment  
9:00 AM Early Voting |

Daylight Savings Time Begins

| 15  | 1:00 PM Contract Bridge  
9:00 AM Early Voting  
9:00 AM Young at Heart  
9:00 AM Health Screening  
1:00 PM Contract Bridge | 16 | 1:00 PM Scrabble  
St. Patrick’s Day | 17 | 8:45 AM Income Tax by Appointment  
9:00 AM Sew Bee It Quilters  
9:30 AM Mahjong  
12:30 PM Men’s Club  
7:00 PM Pinochle | 18 | 8:45 AM Income Tax by Appointment  
10:00 AM Wits Workout |

Daylight Savings Time Begins

| 22  | 1:00 PM Contract Bridge  
9:00 AM Health Screening  
9:00 AM Young at Heart  
1:00 PM Contract Bridge | 23 | 1:00 PM Scrabble  
1:00 PM Seniors Friendship Club | 24 | 8:45 AM Income Tax by Appointment  
9:30 AM Mahjong  
12:30 PM Men’s Club  
1:30 PM Rules of the Road Class  
7:00 PM Pinochle | 25 | 8:45 AM Income Tax by Appointment |

Daylight Savings Time Begins

| 29  | 1:00 PM Contract Bridge  
9:00 AM Young at Heart  
9:00 AM Health Screening  
1:00 PM Contract Bridge | 30 | 1:00 PM Scrabble | 31 | 8:45 AM Income Tax by Appointment  
1:00 PM Contract Bridge |

If you need assistance with participation in any of the activities held at the Community Center, please let the office know in advance.